UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8	3-K
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CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 04, 2023

AVISTA CORPORATION

(Exact name of Registrant as Specified in Its Charter)

Washington (State or Other Jurisdiction of Incorporation) 001-03701 (Commission File Number) 91-0462470 (IRS Employer Identification No.)

1411 East Mission Avenue Spokane, Washington (Address of Principal Executive Offices)

99202-2600 (Zip Code)

Registrant's Telephone Number, Including Area Code: 509 489-0500

	(For	rmer Name or Former Address, if Chang	ed Since Last Report)		
	ck the appropriate box below if the Form 8-K filing provisions:	g is intended to simultaneously sa	atisfy the filing obligation of the registrant under any of the		
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)				
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)				
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))				
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))				
	Securi	ties registered pursuant to Sect	ion 12(b) of the Act:		
		Trading			
	Title of each class	Symbol(s)	Name of each exchange on which registered		
	Common Stock	AVA	The New York Stock Exchange		
	cate by check mark whether the registrant is an emoter) or Rule 12b-2 of the Securities Exchange Act		ed in Rule 405 of the Securities Act of 1933 (§ 230.405 of this pter).		
Em	erging growth company \square				
	n emerging growth company, indicate by check ma evised financial accounting standards provided pur		t to use the extended transition period for complying with any new hange Act. \Box		

Section 5 – Corporate Governance and Management

<u>Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers</u>

On January 4, 2023, Kristianne Blake, a member of the Board of Directors of Avista Corporation (Avista Corp. or the Company), notified the Company that she has decided not to stand for re-election in 2023, and will retire from the Board effective May 11, 2023, the end of her term. Ms. Blake advised the Company that her decision to retire was personal, and there were no disagreements with the Company, its officers, or other Board members that contributed to her decision. Ms. Blake is Lead Director, Chair of the Governance and Corporate Responsibility Committee of the Board, and a member of the Audit and Executive Committees of the Board.

SIGNATURES

	nt to the requirements of the Secu to duly authorized.	rities Exchange Act of 1934, the registrant h	as duly caused this report to be signed on its behalf by the undersigned
			AVISTA CORPORATION
Date:	January 6, 2023	Ву:	/s/ Gregory C. Hesler
			Gregory C. Hesler Senior Vice President, General Counsel,

and Chief Compliance Officer