FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL					
	OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BLAKE KRISTIANNE							2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										ip of Reporting Pers plicable) ctor		son(s) to Issuer		
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 09/06/2007												Officer (give title below)		Other (specify below)		
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individ ine) X	,					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of S	Date			2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Dis		Securities Acquired (A) sposed Of (D) (Instr. 3, 4			4 and Secur Benef Owne		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount		(A) or (D)	Price	, l	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock		09/06	6/2007				P		174(1))	A	\$19	80.6	9,633		Ι)			
Common Stock held in deferred account																	2,519			by Trustee	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Date,	Code (Ins				6. Date E Expiratio (Month/D	n Dat	Amount		ount of urities erlying vative urity (Ir		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	n: ct (D) ndirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v			Date Exercisa		Expiration Date	Title	or Nu of	ount mber ares								

Explanation of Responses:

1. Shares purchased reflects additional retainer paid to Non-Employee Directors for the year 2007.

<u>/s/ Kristianne Blake</u>

09/07/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.