FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPF	ROVAL
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Estimated average burden		
hours per response:		0.5

1. Name and Address of Reporting Person [*] Cox Bryan Alden			2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]	(Check	tionship of Reporting Person(s) to Issuer : all applicable) Director 10% Owner Officer (give title Other (specifi		
(Last) 1411 E MISSI	(First) ON AVENUE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/23/2018		below) Vice Presi	below)	
(Street) SPOKANE (City)	WA (State)	99202 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Fili Form filed by One Re Form filed by More th Person	porting Person	
		Table I - Non-Deriv	ative Securities Acquired, Disposed of, or Bene	eficially	Owned		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.						Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	05/23/2018		S		781	D	\$ 52.7022	2,289	D	
estimated shares held in 401(k) account								375.69		held by trustee

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. Deri 8) Seci (A) d Disp of (I (Inst		Transaction Code (Instr.		Transaction Code (Instr.		Transaction Code (Instr.		Transaction Code (Instr.		Transaction Code (Instr.		Transaction Code (Instr. Deri 8) Seci (A) d Disp of (I (Inst		of Deriv Secu Acqu (A) or Dispo of (D) (Instr	f Expiration Date (Month/Day/Year) ecurities cquired A) or isposed f (D) nstr. 3, 4		of Expiration Date Derivative (Month/Day/Year) Securities Acquired (A) or Disposed		Expiration Date (Month/Day/Year)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares																		

Explanation of Responses:

/s/Bryan A. Cox

** Signature of Reporting Person Date

05/23/2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.