FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasiliigtoii,	D.C.	20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* <u>Krasselt Ryan L</u>						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [ AVA ]								Officer (sine title					Owner		
(Last) 1411 E MI	(Firs	,	/liddle)			3. Date of Earliest Transaction (Month/Day/Year) 01/10/2023								X	below)	Vice Presid		Other (specify below)			
(Street) SPOKANI	E WA	. 99	9202		4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(Sta	te) (Z	(ip)			Person															
		Table	e I - No	n-Deriv	ative	Secu	uritie	es Acc	quired,	Dis	posed o	f, or Be	nefic	cially	Owned						
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,			3. Transa Code ( 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4						Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	Amount	(A) oi (D)	Pric	се	Transact (Instr. 3 a	tion(s)			(111501. 4)						
Common Stock - Performance Shares (TSR) 01/3					/2023		М		1,691	A	(1)		22,654			D					
Common Stock - Performance Shares (TSR) 01/10/					/2023		F		499 <sup>(2)</sup> D \$		\$4	12.26	6 22,155			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transac Code (li 8)		on of		6. Date E Expiration (Month/I	n Dat	Amount of				8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	e s Ily	10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber							
Conversion of 2020 Performance Shares (TSR)	(1)	01/10/2023			М			1,503	(1)		(1)	Common Stock	1,5	503	(1)	0		D			

## Explanation of Responses:

- 1. No conversion price. Shares awarded if performance measure is met.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/10/23.

/s/Ryan L. Krasselt 01/12/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).