FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT	OF CHANGES	S IN BENEFICIA	L OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MEYER DAVID J (Last) (First) (Middle)					Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA] 3. Date of Earliest Transaction (Month/Day/Year)									k all app Direc	licable) tor er (give title	below)	Owner (specify	
1411 E N	MISSION A	VE			03/05/2021										Vice P	resident		
(Street) SPOKAI	NE WA	A 9	9202		4. If Amendment, Date of					of Original Filed (Month/Day/Year)				Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				son
(City)	(Sta	ate) (2	Zip)															
		Table	I - No	1		_				Dis	posed of,				1			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securit		ities cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										v	Amount	(A) ((D)	PI	rice	Transaction(s) (Instr. 3 and 4)			(111511.4)
Common	Stock			03/05/2	2021				S		2,000	D	\$	41.77	3	,976	D	
Estimated	l Shares He	ld in 401(k) Plai	ı													808	I	Shares Held in 401(K) Plan
Shares Held by Broker														1	,142	I	Shares Held by Broker	
Shares Held in Executive Deferral Account														9,575		I	Shares Held by Trustee	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of 2. 3. Transaction 3A. Deemed Execution Date Execution Date if any Conversion Control or Exercise (Month/Day/Year) if any Control or Exercise (Month/Day/Year)				Transaction of Code (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In:	Price of rivative curity str. 5)	9. Number derivative Securities Securities Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er				

Explanation of Responses:

/s/ David J. Meyer

03/05/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).