FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OND APPRO
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
nstruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

1. Name and Address of Reporting Person* <u>Schlect Edward David</u>						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									ck all applic Directo	k all applicable) Director		g Person(s) to Issuer 10% Owner	
(Last) 1411 E. M	(Firs	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/11/2019								У	below)	,		Other (spec below) President	
(Street) SPOKANI	E WA		9202 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Li									Form fi	loint/Group Filing (Check Applicable iled by One Reporting Person iled by More than One Reporting			
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D					action	2A. Deemed Execution Date,			uired, Disposed of, or Benefic 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4) 5)					or	5. Amour Securitie Beneficia Owned F	s Form		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
Common Stock - Restricted Share Grant				02/11	1/2019			Code	v	Amount 1,252	(A) (D)	1	(1)	Reported Transact (Instr. 3 a	ion(s)		D	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transa Code (8)		n of		6. Date Expiration (Month/Da	n Date	Amount of		urity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e Co S F Illy D O (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A) (D)		Date Exercisable		Expiration Date	Title	or	ount nber ires					
Performance Share Grant for 2019	(2)	02/11/2019			A		3,757		(3)		(3)	Commor Stock	3,7	757	\$40.97	3,757	,	D	

Explanation of Responses:

- 1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- 2. No conversion price. Shares awarded if performance measure is met.
- 3. Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

02/12/2019 /s/Edward D. Schlect

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.