FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF C	HANGES	IN BENEFIC	IAL O	WNERSHIP

l	OMB APPROVAL									
	OMB Number:	3235-0287								
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l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Christie Kevin J (Last) (First) (Middle) 1411 E MISSION AVE				3. D	Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA] 3. Date of Earliest Transaction (Month/Day/Year) 02/03/2022									all application of the contract of the contrac	•		/ner			
(Street) SPOKANI (City)	E WA		9202 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Form fil	or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting orson				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			Date	th/Day/Year) if		2A. Deemed Execution Date, if any		Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			and 5) Securitie Beneficia		s ally	6. Ownership Form: Direct (D) or Indirect	: Direct	7. Nature of Indirect Beneficial		
							(Month/Day/Year)		8) Code	v	Amount (A) or		Price		Owned Following Reported Transaction(s) (Instr. 3 and 4)		(I) (Instr. 4)		Ownership (Instr. 4)	
Common Stock - Restricted Share Grant			nt	02/03/2022		2			A		2,881(1)	A	\$44	14.26 17		630		D		
Common Stock - Performance Shares				02/03	03/2022				М		864	864 A)	18,494			D		
Common Stock - Performance Shares 02/0.				02/03	3/2022	/2022		F		211(3)) D \$2		.26	18,2	3,283		D			
Estimated Shares held in 401(k)													2,994			I	Shares Held in 401(k) Plan			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Executio Security or Exercise (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Day	n Date, Transaction Code (Inst					6. Date Exercisable an Expiration Date (Month/Day/Year)		ite	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		S (I	. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	Code V (A) (E		(D)	Date Exercisable		Expiration Date	Amou or Numb of Title Share		er		(Instr. 4)				
Performance Shares Grant - 2022	(4)	02/03/2022		A			8,642		(5)		(5) Common Stock 8,		8,64	2	\$44.26	8,642		D		
Conversion of 2019 Performance	(2)	02/03/2022			M			1,252	(2)		(2)	Common Stock	1,25	2	(2)	0		D		

Explanation of Responses:

- 1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- 2. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 3. Shares withheld to pay income tax on Performance Shares acquired 2/3/22.
- 4. No conversion price. Shares awarded if performance measure is met.
- 5. Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

/s/Kevin J. Christie

02/07/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.