FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGE	S IN BENEFICI	AL OWNERSHIP

OMB APPRO	JVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_		(, -				1 7			_				
1. Name and Address of Reporting Person* MEYER DAVID J				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										k all app Direc	licable) tor		Owner	
(Last) 1411 E N	(Fii 4ISSION A	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/04/2021									X	Officer (give title below) Vice Pro		Other (specify below)	
(Street)					4. If /	Amend	dment,	Date o	f Origina	al Filed	d (Month/Da	ıy/Year)	6. Indi	vidual o	r Joint/Grou	p Filing (Check	Applicable
SPOKAN	NE W	A	99202											X		•	e Reporting Pe re than One Re	
(City)	(St	ate)	(Zip)												Perso		io titali ono re	porting
		Tabl	e I - No	n-Deriva	tive \$	Secu	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficially	Own	ed		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			A) or 3, 4 and	Securi Benefi Owned	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) (D)	or F	Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common	Stock			01/04/	2021				F		327(1)	Г)	\$39.47	3	3,305	D	
Estimated	l Shares He	eld in 401(k) Pl	an												80	00.631	I	Shares Held in 401(K) Plan
Shares Ho	eld by Brok	er													1	,142	I	Shares Held by Broker
Shares Held in Executive Deferral Account												9,574.91		I	Shares Held by Trustee			
		Ta	able II -								osed of, convertib				Owne	d		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		n Date Exec e (Month/Day/Year) if any				nsaction de (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerci ion Da Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Der Sed (Ins	rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber				

Explanation of Responses:

1. Shares sold to pay income tax on final 1/3 of 2018, second 1/3 of 2019 and first 1/3 of 2020 restricted shares that vested on January 4, 2021.

/s/ David J. Meyer 01/06/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.