FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	205/19
vvasiliilytuii,	D.C.	20049

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

	ons may continuion 1(b).	ue. See	d pursuant to Section 16(a) of the Securities Exchange Act of 1934							f 1934			hours pe	r response:	0.5		
1. Name and Address of Reporting Person* NOEL MICHAEL L				or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]						Check all			Person(s) to Is				
(Last) 1411 E M	(Fi	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/16/2005							fficer (give elow)	(give title Othe below		(specify)		
(Street) SPOKAN (City)			99202 Zip)		4. If <i>A</i>	Amendı	ment, Date	of Origi	nal File	ed (Month/Da	ay/Year)		_ine) X F F	orm filed I	by One F	iling (Check A Reporting Pers than One Rep	son
		Tabl	e I - N	on-Deriv	ative	Secu	rities A	cquire	d, Di	sposed o	f, or B	enefic	ially Ow	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day		Execution Date,		Transaction Disposed (es Acquired (A) o Of (D) (Instr. 3, 4 a		d 5) Se Be Ov	Amount of curities neficially med Follo	F	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
								Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and				(Instr. 4)
Common Stock 05/16/2					2005			A		3,531	A	\$16.9	9898 5,800			D	
		Та	ble II -							osed of, convertib				ed			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	n Date e (Month/Day/Year)	Execution Date, if any		4. Transac Code (In 8)	ction nstr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expira	6. Date Exercisable and Expiration Date (Month/Day/Year)			and t of ies ying ive y (Instr. 3	8. Price Derivative Security (Instr. 5)		ative rities ficially ed wing rted saction(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Date Exercisable

Expiration

Explanation of Responses:

/s/ Michael L. Noel

Title

05/17/2005

** Signature of Reporting Person

or Number

of Shares

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(A) (D)