FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF
Instruction 1(b).	Filed pursuan

F CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Kopczynski Don F</u>					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								(Ch	eck all applic	cable) or	rting Person(s) to Issue		vner	
(Last) 1411 E. M	(Firs	,	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 02/07/2013									helow)	Officer (give title Other (specify below) VP Transmission & Distribution				
(Street) SPOKANE WA 99202					4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta		ip)	Doriva	ativo	Soci	uritios	· Acc	nuirod	Die	nosod o	f or Bo	noficial	ly Owned	<u> </u>				
1. Title of Security (Instr. 3) 2. Tra			2. Transa Date	ansaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		ed (A) or	5. Amou Securitie Benefici Owned F	nt of es ally Following	6. Owner Form: Di (D) or Ind (I) (Instr.	rect I direct I 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock - Restricted Shares 02/07					/2013	013		A		1,300) A	(1)	28	,790	D				
Common Stock held in Executive Deferral Account												4	445			by Trustee			
		Ta	able II - D (e							•		or Bene ole secu	-	Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transactio Code (Inst 8)				6. Date E: Expiratio (Month/D	n Date	Amount of		f g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Over Section Over	vnership rm: rect (D) Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares	r					
Performance Grant for 2013	(2)	02/07/2013			A		5,100		(3)		(3)	Common Stock	5,100	\$26.04	5,100)	D		

Explanation of Responses:

- 1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- 2. No conversion price. Shares awarded if performance measure is met.
- 3. Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

/s/Don F. Kopczynski

02/11/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.