FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF
obligations may continue. See Instruction 1(b).	Filed pursuant
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

iled pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rosentrater Heather Lynn				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								neck all app Direc	tionship of Reporting Person(s) to Issue all applicable) Director 10% Owner			
(Last) 1411 E. I	(Last) (First) (Middle) I						3. Date of Earliest Transaction (Month/Day/Year) 01/04/2021							Officer (give title Other (specify below) below) Sr. Vice President		
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					tion 2A. Deemed Execution Date			Code (Instr. 5)				d (A) or	d Securi Benefi Owned	ount of ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
							Code V		Amount	(A) or (D)	Price		ed ction(s) 3 and 4)		(Instr. 4)	
Common Stock 01/04/					2021			F		352 ⁽¹⁾	D	\$39.4	7 1	1,184	D	
			Table II -				ties Acqu warrants,							d		
1. Title of	2.	3. Transaction	a 3A. De	emed	4. 5. Number		6. Date Exercisable and 7. Title			7. Title a	nd	8. Price of	9. Number	of 10.	11. Nature	

. Title of Derivative Recurity Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Explanation of Responses:

1. Shares sold to pay income tax on final 1/3 of 2018, second 1/3 of 2019 and first 1/3 of 2020 restricted shares that vested on January 4, 2021.

01/06/2021

** Signature of Reporting Person Date

/s/ Heather L. Rosentrater

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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