

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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1. Name and Address of Reporting Person* <u>Thoren Diane C</u> (Last) (First) (Middle) 1411 E. MISSION AVENUE (Street) SPOKANE WA 99202 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>AVISTA CORP [AVA]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title below) <input checked="" type="checkbox"/> Other (specify below) Treasurer
	3. Date of Earliest Transaction (Month/Day/Year) 01/02/2013	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock - 2010 Restricted Shares Award	01/02/2013		F		44 ⁽¹⁾	D	\$24.57	4,331	D	
Common Stock - 2011 Restricted Shares Award	01/02/2013		F		88 ⁽²⁾	D	\$24.57	4,243	D	
Common Stock - 2012 Restricted Shares Award	01/02/2013		F		60 ⁽³⁾	D	\$24.57	4,183	D	
Common Stock held in 401(k)								4,761	I	by Trustee
Common Stock Executive Deferral Account								1,012	I	by Trustee
Common Stock held by grandson, Zachary Brown								41	I	by grandson, Z Brown
Common Stock held by niece, Katherine Cuthill								41	I	by niece, K Cuthill
Common Stock held by niece, McIntyre Cuthill								13	I	by niece, McIntyre Cuthill
Common Stock held by granddaughter, McKenzie Brown								25	I	by granddaughter, M Brown
Common Stock held by grandson, Colton Materne								15	I	by grandson, C Materne
Common Stock held by granddaughter, Avery Materne								7	I	by granddaughter, A Materne

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

Explanation of Responses:

- Shares sold to pay income tax on final 1/3 of 2010 Restricted Shares that vested on 1/2/2013
- Shares sold to pay income tax on second 1/3 and final 1/3 of 2011 Restricted Shares that vested on 1/2/2013 due to early retirement.
- Shares sold to pay income tax on entire 2012 Restricted Shares due to early retirement.

/s/ Diane C Thoren

01/04/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.