SEC Form 4

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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre		ng Person [*]	2. Issuer Name and Ticker or Trading Symbol <u>AVISTA CORP</u> [AVA]		tionship of Reporting Perso all applicable) Director Officer (give title	10% Owner			
(Last) (First) (Middle) 1411 E MISSION AVE		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/10/2012	X	Officer (give title below) Chairman, Presiden	Other (specify below) t and CEO			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
SPOKANE	WA	99202		X	Form filed by One Repo	rting Person			
(City)	(State)	(Zip)			Form filed by More than Person	One Reporting			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

2. Transaction Date 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 1. Title of Security (Instr. 3) 2A. Deemed 3. Transaction 5. Amount of 6. Ownership 7. Nature of Execution Date, Securities Form: Direct Indirect (Month/Dav/Year) if any (Month/Day/Year) Beneficial Code (Instr. 8) Beneficially (D) or Indirect (I) (Instr. 4) Ownership (Instr. 4) Owned Following Reported (A) or (D) Transaction(s) (Instr. 3 and 4) v Price Code Amount 01/10/2012 (1) 178,934 **Common Stock Performance Shares** Μ 46,260 Α D Common Stock Performance Shares 01/10/2012 F 13,431(2) D \$25.22 165,503 D Common Stock held in 401(k) Investment held by 13,386(3) T Plan Trustee

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		Transaction of Code (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Conversion of 2009 Performance Shares	(1)	01/10/2012		М			51,400	(1)	(1)	Common Stock	51,400	(1)	0	D	

Explanation of Responses:

1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.

2. Shares withheld to pay income tax on Performance Shares acquired 1/10/2012.

3. Estimate as of December 31, 2011

/s/ Scott L Morris

01/12/2012

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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