FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Washington, I	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
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hours per response:							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person* Vermillion Dennis P					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									(Check all app Direc		olicable)		Person(s) to Issuer 10% Owner Other (specify		
(Last) 1411 E N	(Fir //ISSION A	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023									below) below) President & CEO					
(Street) SPOKANE WA 99202						4. If Amendment, Date of Original Filed (Month/Day/Year)									Form Form	fual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date				2. Transac Date (Month/Da	Day/Year) if a		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)					ties cially I Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) o (D)	r Pri	се	Reported Transaction(s) (Instr. 3 and 4)				(111511. 4)				
Common Stock				01/03/2023					F		3,439(1)	D	\$4	14.79	79 103,763			D		
Estimated Shares held in 401(k)																112		I	Shares held in 401(k) Plan	
		Tal									osed of, convertib				Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ry/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Sec Acq (A) to Dispose of (Instr. 9) Dispose of (Instr.				of Deriv Secu Acqu (A) o Dispe	r osed) r. 3, 4	6. Date Expirati (Month/		Amount of D Securities S		Der Sec (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)	Date Exercisable		Expiration Date		Amour or Numbe of Shares	er						

Explanation of Responses:

1. Shares sold to pay income tax on final 1/3 of 2020, second 1/3 of 2021 and first 1/3 of 2022 restricted shares that vested on January 3, 2023.

/s/Dennis P. Vermillion

01/05/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.