FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP				
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OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TAYLOR R JOHN						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									Check	all app	of Reporting Person(s) to Issuer licable)			
TATLORRIOTIN													X Director				Owner			
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 09/02/2016										Office belov	er (give title w)	Other below	(specify)		
,					4. If	Amer	ndment	, Date o	of Origina	al File	d (Month/Da	ay/Ye	ear)	- (6. Individual or Joint/Group Filing (Check Applicable					
(Street)						If Amendment, Date of Original Filed (Month/Day/Year)								1	Line) X Form filed by One Reporting Person					
SPOKAN	NE W	A 9	99202												Form filed by More than One Reporting					
(City)	(St	ate) (Zip)													Pers			Jording	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Trans Date			2. Transac Date (Month/Da		Exe if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		(A) or 3, 4 ar	and 5) Secur Benef Owne		ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D) Price		Price			action(s) 3 and 4)		(Instr. 4)	
Common Stock		09/02/2016				A ⁽¹⁾		41 ⁽²⁾		Α	\$40.	\$40.52(1)		4,119	I	Shares held in SEP IRA and 401(k) accounts				
Common Stock															4,8	88.0319	D			
Shares held in Executive Dererral Plan																	5,496	I	Held by Trustee	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E	on Date,	Transaction of Code (Instr. Do Solo) 8) Solo (A		of Deriv Secu Acqu (A) o Disp	r osed) r. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye		sable and 7. Tit te Amo sear) Secu Unde Deriv Secu		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Shares				9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- $1.\ Shares\ issued\ as\ an\ award\ of\ stock\ for\ Director\ Compensation.\ The\ price\ per\ share\ is\ the\ closing\ price\ on\ September\ 1,\ 2016$
- 2. Shares issued as part the Directors annual retainer.

/s/R. John Taylor

09/06/2016

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.