FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Scotloii 10. Form 4 of Form 5	

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* ANDERSON ERIK J						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										olicable)	g Person(s) to 10%	Issuer Owner
(Last) 1411 E M	(First) (Middle) E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 05/10/2011									Offic belov	er (give title w)	Othe belov	r (specify v)
(Street) SPOKAN (City)			99202 Zip)		4. If	Amen	dment,	, Date d	of Origina	al File	d (Month/Da	ay/Year)		6. Indiv Line) X	Forn	n filed by One n filed by Mor	e Reporting Pe	rson
		Tabl	e I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	l, Dis	sposed o	f, or E	Benefi	cially	Owne	ed		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution Date,			3. 4. Securitie Transaction Code (Instr. 8)					and 5) Securi Benefi		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) (D)	Prie	e	Trans	action(s) 3 and 4)		(Instr. 4)
Common Stock 05/10/20					2011	011		A ⁽¹⁾		1,200(2)	A	\$2	4.99 ⁽¹⁾	1	4,614	D		
		Та	ble II -								osed of, convertib				wned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date	3A. Dee Execution if any (Month/I		4. Transactio Code (Insti				6. Date Exercisal Expiration Date (Month/Day/Year		ite	and 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)			Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Number of Shares					

Explanation of Responses:

- 1. Shares issued under the Long Term Incentive Plan (LTIP) as an award of stock for director compensation. The price per share (per the LTIP) is the closing price on May 9, 2011.
- 2. Shares issued as part of Mr. Anderson's director retainer.

05/11/2011 /s/ Erik J. Anderson

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.