FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	OVAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * $\underline{Krasselt\ Ryan\ L}$						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									heck all ap	pplicable) ector		Owner
(Last) (First) (Middle) 1411 E MISSION AVENUE							3. Date of Earliest Transaction (Month/Day/Year) 01/02/2020								X belo	cer (give title Other (specif below) Vice President		
(Street) SPOKANE WA 99202 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) X For For	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tabl	e I - Non	n-Deriva	ative	Sec	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	lly Own	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution D			Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				d Secu Bene	ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		() or ()	Price	Trans	saction(s) r. 3 and 4)		(1130.4)
Common Stock 01/02/2							2020		F		366(1)		D	\$47.	47	10,217	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)			Date,	4. Transaction Code (Instr. 8)		of Deriv	r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	of Sha	res				

Explanation of Responses:

 $1.\ Shares sold to pay income tax on final\ 1/3 of 2017, second\ 1/3 of 2018 and first\ 1/3 of 2019 restricted shares that vested on January\ 2,\ 2020.$

/s/Ryan L. Krasselt

01/06/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.