FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

	Check this box if no longer subject
	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Christie Kevin J (Last) (First) (Middle) 1411 E MISSION AVE					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA] 3. Date of Earliest Transaction (Month/Day/Year) 05/11/2023 4. If Amendment, Date of Original Filed (Month/Day/Year)									(Chec	Office Office belov	olicable) tor er (give title v) SVP, CFO	rting Person(s) to 10% C e Other below D & Treasurer Dup Filing (Check		Owner (specify
(Street) SPOKAI	NE W	A 9	99202												X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St		Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												ended to		
			I - No	n-Deriva						Dis	1				_				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					eemed ution Date, th/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (Disposed Of (D) (Instr. 5)				5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	or P	rice	Transa	eported ransaction(s) nstr. 3 and 4)			
Common Stock - Restricted Shares Special Grant 2023				05/11/2	05/11/2023				A		3,199 ⁽¹⁾ A		A \$	43.77	24,599		D		
Estimated Shares held in 401(k)															3,154.5675			I	Shares held in 401(k) Plan
		Tal	ole II -	Derivativ (e.g., pu											Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu	3A. Deemed Execution Date,		4. Transaction Code (Instr. 8)		pative rative rities iired r osed)	_	Exerc on Da	isable and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		8. I De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	V	(A)	(D)	Date Exercisable		Expiration Date	Amount or Number of Title Shares		er					

Explanation of Responses:

1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.

/s/Kevin J. Christie 05/15/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.