FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

OMB Number: 3235-0104

Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Ad Thoren Dia	F	. Date of Event Requiring Stater Month/Day/Yea 16/12/2009	nent	3. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]						
(Last) (First) (Middle) 1411 E. MISSION AVENUE					Relationship of Reporting Person (Check all applicable) Director Officer (give title below)	on(s) to Issuer 10% Owner Other (specify below)		If Amendment, Date of Original Filed (Month/Day/Year) Individual or Joint/Group Filing (Check		
(Street) SPOKANE WA 99202					Treasurer	,		Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	able I - Nor	Derivat	ive Securities Beneficiall	v Owned				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock					1,547	D				
Common Stock held in 401(k) Investment Plan					4,024	I	by Trustee			
Common Stock held in Executive Deferral Plan					944	I	by	Trustee	`rustee	
Common Stock held in Custodial Account for Grandson					36	I	by Grandson Za		nary Brown	
Common Stock held in Custodial Account for Niece					56	I	by	Niece Meagan	Cuthill	
Common Stock held in Custodial Account for Niece					36	I	by Niece Katherine Cuthill		ne Cuthill	
Common Stock held in Custodial Account for Niece					12	I I		by Niece McIntyre Cuthill		
Common Stock held in Custodial Account for Granddaughter					22	I b		by Granddaughter McKenzie Brown		
Common Stock held in Custodial Account for Grandson					13	I		by Grandson Colton Materne		
Common Stock held in Custodial Account for Granddaughter					6	I by		y Granddaughter Avery Materne		
		(e.ç			e Securities Beneficially onts, options, convertible		s)			
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securi Underlying Derivative Securit	ty (Instr. 4) Conve		se Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
		Date Exercisable	Expiration Date	n Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)			
2000 Stock Option Grant		11/09/2004 ⁽¹⁾	11/09/2010	Common Stock	2,400	22.54	D			
2001 Stock Option Grant		11/08/2005 ⁽¹⁾	11/08/2011	Common Stock	5,200	11.8	D			
2002 Stock Option Grant		11/07/2006 ⁽¹⁾	11/07/2012	Common Stock	2,700	10.17	D			
2007 Performance Share Grant		(2)	(2)	Common Stock	370	(3)	D			
2008 Performance Share Grant			(2)	(2)	Common Stock	800	(3)	D		
2009 Performance Share Grant			(2)	(2)	Common Stock	800	(3)	D		

Explanation of Responses:

- 1. Grant vests 25% each year beginning one year following date of grant. Grant is 100% vested four years following date of grant.
- 2. Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance is met.
- $3.\ No$ conversion price. Shares awarded if performance measure is met.

/s/ Diane C. Thoren

06/19/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).