FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Manuel Wayne O			2. Date of E Requiring S (Month/Day	tatement	3. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]						
(Last) 1411 E MIS	(First) SION	(Middle)	06/01/2023		Relationship of Reporting Issuer (Check all applicable) Director Officer (give	10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street) SPOKANE (City)	WA (State)	99202			vice Presid			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip) Reporting Person Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)				2	2. Amount of Securities Beneficially Owned (Instr.	3. Owner Form: D	3. Ownership 4.		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock					0	D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
() ()		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of S Underlying Derivative So (Instr. 4)	curity Conve		rsion rcise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr.		
		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security		Direct (D) or Indirect (I) (Instr. 5)	5)		

Explanation of Responses:

/s/Wayne O. Manuel

06/01/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.