FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>BURMEISTER SMITH CHRISTY M</u>					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										ck all applic Directo	10% Ow		vner	
(Last) 1411 E MI	(Firs	,	1iddle)			te of Earliest Transaction (Month/Day/Year) 3/2012							X	below)	Officer (give title Other (specify below) Vice President and Controller				
(Street) SPOKANI (City)	E WA		9202 (ip)		4. If A	If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta		e I - Non-	Deriva	ative	Seci	urities	Acc	quired,	Disp	oosed o	f, or Be	nefic	cially	Owned				
			Date (Month/Day/Year)		r) Ex	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		4 and Securiti Benefic Owned		s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) o (D)	r _{Pr}	rice	Reported Transact (Instr. 3 a	Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock - Restricted Shares 02/				02/03	/2012	2012		A		1,300	A	A (1)		23,360			D		
Common Stock held in 401(k) Investment Plan		ient										8,2		8,268 ⁽²⁾			by trustee		
		Ta	able II - D (e								sed of, onvertib				Owned		,	,	
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	Execution Date,		4. Transaction Code (Instr. 8)		n of		6. Date Exercisable an Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		xpiration ate	Title	or	ount nber res					
Performance Grant for	(3)	02/03/2012			A		5,100		(4)		(4)	Common Stock	5,1	100	\$25.83	5,100)	D	

Explanation of Responses:

- 1. Restricted shares vest one third each year over a three-year period and are payable in Avista Corp. Common Stock at the end of each year in the three-year period.
- 2. Updated information as of December 31, 2011 $\,$
- 3. No conversion price. Shares awarded if performance measures is met.
- 4. Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

/s/ Christy M Burmeister-Smith 02/06/2012

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.