SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* TAYLOR R JOHN (Last)　(First)　(Middle) 1411 E MISSION AVE (Street) SPOKANE　　WA　　99202 (City)　(State)　(Zip)	2. Issuer Name **and** Ticker or Trading Symbol AVISTA CORP [AVA] 3. Date of Earliest Transaction (Month/Day/Year) 05/10/2011 4. If Amendment, Date of Original Filed (Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X　Director　　　10% Owner 　　Officer (give title below)　　Other (specify below) 6. Individual or Joint/Group Filing (Check Applicable Line) X　Form filed by One Reporting Person 　　Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	05/10/2011		A[1]		2,000[2]	A	$24.99[1]	7,234	D	
Common Stock	05/10/2011		M[3]		3,000	A	$20.11	10,234	D	
Common Stock	05/10/2011		S[3]		2,380	D	$25.415	7,854	D	
Shares held in Deferral Account								5,496	I	by Trustee
Shares held in Profit Sharing Plan								4,000	I	by Trustee

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Exercise of Stock Option	$20.11	05/10/2011		M			3,000	[4]	05/10/2011	Common Stock	3,000	$0	0[5]	D	

Explanation of Responses:

1. Shares issued under the Long Term Incentive Plan (LTIP) as an award of stock for director compensation. The price per share (per the LTIP) is the closing price on May 9, 2011.

2. Shares issued as part of Mr. Tylor's director retainer.

3. Exercise and sale of Option Grant expiring 05/10/2011

4. Option vest in four (4) equal installments beginning the first anniversary date of the grant. Mr. Taylor acquired the option grant of 3,000 shares on 5/10/2001.

5. Total reflects the number of derivative securities remaining for this particular grant.

/s/ R. John Taylor　　　　05/11/2011

** Signature of Reporting Person　Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.