## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

FORM 4

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>MORRIS SCOTT L</u>				er Name <b>and</b> Ticke STA CORP [			ymbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 1411 E MISSI	(First) ON AVE	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/03/2022						Officer (give title below) Chairman	X Other below of the Board	(specify )		
(Street)			4. If An							ndividual or Joint/Group Filing (Check Applicable				
SPOKANE	WA	99202							X	Form filed by One Reporting Person				
(City)	(State)	(Zip)								Form filed by Mor Person	e than One Rep	orting		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
			2. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8) Code		(0) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Common Stock - Performance Shares 02/03/2022 Μ 3,219 A (1) 145,245 D 784(2) **Common Stock - Performance Shares** 02/03/2022 F D \$44.26 144,461 D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and 1. Title of 2 3. Transaction 3A. Deemed 4. 5. Number 7. Title and 8. Price of 9. Number of 10. 11. Nature

Secur (Instr.	ity or Exerci		if any (Month/Day/Year)	Code (Instr. 8)		Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(Month/Day/Year)		Securities Underlying Derivative Security (Instr. 3 and 4)		Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Conve of 201 Perfor Shares	.9 (1) mance	02/03/2022		м			4,665	(1)	(1)	Common Stock	4,665	(1)	0	D		

Explanation of Responses:

1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.

2. Shares withheld to pay income tax on Performance Shares acquired 2/3/22.

## /s/Scott L. Morris

02/07/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.