FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
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- 1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* MORRIS SCOTT L					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										ationship o all applica Director	able)	g Pers	on(s) to Issu 10% Ow	
(Last) 1411 E MI	(Firs	,	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 01/11/2011									(give title man, Pre	Other (s below) t and CEC)`	
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transa Date (Month/D					action	Execution Date,			3. Transa Code (8)	ction	4. Securities Acquired (A) of			or 5. A and 5) Sec Ber Ow		Amount of curities neficially ned Following		: Direct I r Indirect I str. 4)	. Nature of ndirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price		Reported Transacti (Instr. 3 a	on(s)		[Instr. 4)
Common S	/2011	/2011					59,110	A	(1))	142,068			D					
Common S	/2011	/2011					17,337	2) D	\$22.95		124,731			D					
Common Stock held in 401(k) Investment Plan															12,212				оу Frustee
		Т	able II -								osed of, convertib			y O	wned		,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transa Code (8)				6. Date Exerci Expiration Da (Month/Day/Y		ite	7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		[5	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	sable	Expiration Date	Title	Amour or Number of Shares	nber					
Conversion of 2008 Performance	(1)	01/11/2011			M			51,400	(1)		(1)	Common Stock	51,40	0	(1)	0		D	

Explanation of Responses:

- 1. Each performance share represented a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired $1/11/2011\,$

/s/ Scott L Morris

01/12/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.