FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden

0.5

hours per response:

obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_		. ,		mvesti		. ,								
1. Name and Address of Reporting Person* WOODWORTH ROGER D					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]											tionship of Reporting all applicable) Director		10% (Owner
(Last) 1411 E M	(Fi	, , ,				3. Date of Earliest Transaction (Month/Day/Year) 06/03/2014									X	Officer (give title below) Other below Vice President		(specify)	
(Street)	NE W	A 99202				4. If Amendment, Date of Original Filed (Month/Day/Year) 06/05/2014									6. Individual or Joint/Group Filing (Check Applicatine) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(St	ate)	(Zip)													Person			
		Tab	le I - N	lon-Deri	vative	Seci	urities	Ac	quire	d, D	isposed o	of, o	r Ben	eficia	ılly (Dwne	ed		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)						and 5) S		ount of ities ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock-Discretionary Transaction in Exec Deferral Plan				06/03/2014					I		7,732		D	\$31	.04	1,630.4831		I	Held by Plan
Common Stock-Discretionary Transaction in 401(k) Account			06/03/2014					I		16,110.049(1)		D	\$31	1.1	6,652.6155		I	Held by Trustee	
Common Stock															26,	819.5768	D		
Common Stock held in IRA																400	I	Held by Trustee	
Common Stock by Spouse															1		1,000	I	Held by Spouse
Common Stock held by child, Patrick Woodworth																148.4692		I	Held by Child
		T	able II								oosed of, convertib				/ Ow	ned			
Derivative C Security o (Instr. 3) P	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu if any			action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exel Expiration I (Month/Day		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3		vative curity Str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)		Date Exerc	isable	Expiration Date	Title	or Nur of	ount nber ıres					

Explanation of Responses:

1. Number of shares on original filing was \$16,490 based on an estimate.

/s/Roger D. Woodworth 08/14/2014

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).