FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Christie Kevin J				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below)							
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 01/10/2023									Senior Vice President						
(Street) SPOKANE WA 99202					4. If <i>i</i>	lment	, Date o	f Original	Filed	(Month/Da		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting								
(City)	(Sta		(ip)										Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
in this of security (means)				Date	. Transaction Pate Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquire Disposed Of (D) (Inst			Sec Ben Owr	Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of ndirect Beneficial Ownership	
									Code	v	Amount	Amount (A) or (D)		Tran	teported ransaction(s) nstr. 3 and 4)				Instr. 4)	
Common S	01/10/	0/2023				M		2,104	A	(1)		19,052		D						
Common S	Stock - Perfo	ormance Shares	(TSR)	01/10/	1/10/2023				F		577(2)	D	\$42.	26 18,		475		D		
Estimated Shares held in 401(k)														3,168		58.95		I H	Shares neld in l01(k) Plan	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Dat curity or Exercise (Month/Day/Year) if any			Date,	Code (Ins		ion of		6. Date E Expiratio (Month/I	n Dat			if s g Security	8. Price Deriva Securi (Instr.	ive (9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares							
Conversion of 2020 Performance Shares (TSR)	(1)	01/10/2023			М			1,870	(1)		(1)	Common Stock	1,870	(1)		0		D		

Explanation of Responses:

- 1. No conversion price. Shares awarded if performance measure is met.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/10/23.

01/12/2023 /s/Kevin J. Christie

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).