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FORM 5

Check this box if no longer su to Section 16. Form 4 or Forr obligations may continue. Se Instruction 1(b).	rm 5
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Form 3 Holdings Reported.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB Number: 3235-0362 Estimated average burden hours per response: 1.0

Form 4 Transactions	Reported.	Filed	pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	1					
1. Name and Address o	1 0		2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Kwawu Sena M</u>				X	Director	10% Owner			
(Last) (First) (Middle) 1411 E MISSION AVENUE)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 05/18/2023		Officer (give title below)	Other (specify below)			
(Street) SPOKANE W	A 99202		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	Form filed by One R Form filed by More th				
(City) (St	tate) (Zip)				Person				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Dav/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership
		(Monthi/Day/real)	0)	Amount	(A) or (D)	Price	Issuer's Fiscal		(Instr. 4)
Common Stock	03/17/2023		J	55.9231 ⁽¹⁾	A	\$41.35	7,928.14	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(* 57)**	,,		,	,							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number Expir		Expiration D	6. Date Exercisable and Expiration Date (Month/Day/Year)		and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Reinvested Dividends March 2023

/s/Sena M. Kwawu

** Signature of Reporting Person Date

05/18/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.