| SEC Form 4 |  |
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### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to |
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| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(b).                      |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPRC               | VAL       |
|-------------------------|-----------|
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| 1. Name and Address of Reporting Person*<br><u>WOODWORTH ROGER D</u> |   |       | 2. Issuer Name and Ticker or Trading Symbol<br>AVISTA CORP [ AVA ] |                        | tionship of Reporting Pers<br>all applicable)<br>Director  | on(s) to Issuer<br>10% Owner   |  |
|--|---|-------|--|------------------------|--|--------------------------------|--|
| (Last)<br>1411 E MISSIC  | st) (First) (Middle)<br>1 E MISSION AVE |       | 3. Date of Earliest Transaction (Month/Day/Year)<br>01/06/2012     | Х                      | Officer (give title<br>below)<br>Vice Preside  | Other (specify<br>below)<br>nt |  |
| (Street)<br>SPOKANE WA 99:   |   | 99202 | 4. If Amendment, Date of Original Filed (Month/Day/Year)           | 6. Indiv<br>Line)<br>X | ividual or Joint/Group Filing (Check Applic<br>Form filed by One Reporting Person<br>Form filed by More than One Reporting |                                |  |
| (City)   | (State)                                 | (Zip) |  |                        | Person   |                                |  |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3)                    | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transa<br>Code (<br>8) |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and<br>5) |               |         | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |
|--|--|---|------------------------------|---|---|---------------|---------|---|---|---|
|  |  |   | Code                         | v | Amount  | (A) or<br>(D) | Price   | Transaction(s)<br>(Instr. 3 and 4)  |   | (Instr. 4)  |
| Common Stock                                       | 01/06/2012                                 |   | F                            |   | 471 <sup>(1)</sup>  | D             | \$25.58 | 19,833  | D   |   |
| Common Stock held in 401(k) Investment<br>Plan     |  |   |                              |   |   |               |         | 18,984  | I   | Held by<br>trustee                                  |
| Common Stock held in Executive Deferral<br>Account |  |   |                              |   |   |               |         | 8,643   | I   | Held by<br>Trustee                                  |
| Common Stock held in IRA                           |  |   |                              |   |   |               |         | 400   | I   | Held by<br>Trustee                                  |
| Common Stock held in IRA by Spouse                 |  |   |                              |   |   |               |         | 1,000   | I   | Held by<br>Spouse                                   |
| Common Stock held by Child, Patrick<br>Woodworth   |  |   |                              |   |   |               |         | 128   | I   | Held by<br>Child                                    |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

|   |   |  | (* 571*   | ,,                           |   |  |   | ,  |   |       |   |  |  |  |
|---|---|--|---|------------------------------|---|--|---|--|---|-------|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | 5. Nu<br>of<br>Deriv<br>Secu<br>Acqu<br>(A) of<br>Dispo<br>of (D)<br>(Instr<br>and 5 | ative<br>rities<br>ired<br>osed<br>. 3, 4 | 6. Date Exerc<br>Expiration Da<br>(Month/Day/Y | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr. 3<br>and 4) |       | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|   |   |  |   | Code                         | v | (A)  | (D)                                       | Date<br>Exercisable                            | Expiration<br>Date  | Title | Amount<br>or<br>Number<br>of<br>Shares              |  |  |  |

Explanation of Responses:

1. Shares withheld to pay income taxes on restricted shares which vested 1/6/2012 covering 2009, 2010 and 2011.

# <u>/s/ Roger D Woodworth</u>

01/09/2012

Date

\*\* Signature of Reporting Person

 $\label{eq:resonance} \ensuremath{\mathsf{Report}}\xspace{0.5ex} \text{or a separate line for each class of securities beneficially owned directly or indirectly.}$ 

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.