FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [ AVA ]										olicable)	Reporting Person(s) to Issuer ble) 10% Owner			
(Last) (First) (Middle) 1411 E MISSION AVE						3. Date of Earliest Transaction (Month/Day/Year) 02/20/2019									Officer (give title below)		Other (sponsor)			
(Street) SPOKAN (City)			99202 (Zip)			Amen 20/20		Date (	of Original Filed (Month/Day/Year)						Forn	n filed by On	e Reporti	Filing (Check Applicable Reporting Person e than One Reporting		
		Tabl	le I - N	on-Deri\	/ative	Sec	uritie	s Ac	quire	d, Di	sposed o	f, or E	Benefic	ially	Owne	ed				
Date							2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			and 5) Secur Benef Owne		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A) or (D)	Price			iction(s) 3 and 4)			(msu. 4)				
Common Stock 0				02/20/2	02/20/2019				S		2,600	D	\$41.	4546	8	3,005	I		held by trustees	
Common Stock															5,496		I		held in Executive Deferral Plan	
		Та	able II								osed of, convertib				wned		,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise Price of Derivative Security  Date (Month/Day/Year)  Execution Date, if any C (Month/Day/Year)  (Month/Day/Year)  Execution Date, if any C 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		4. Transa Code ( 8)	(Instr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date			7. Title Amour Securit Underl Derivat Securit and 4)	nt of ties ying	Der Sec (Ins	Price of ivative curity str. 5)	9. Number derivative Securities Seneficially Owned Following Reported Transactior (Instr. 4)	Owr Forr Dire or Ir (I) (I	ership 1: ct (D) direct 1str. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

**Explanation of Responses:** 

/s/R. John Taylor

02/20/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.