FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Krasselt	2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								(Ch	neck all appli Direct	ationship of Reporting k all applicable) Director		10% Ov	vner					
(Last) 1411 E MI	(Firs	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/27/2020									Officer (give title Other (s below) Vice President			вреспу 	
(Street) SPOKAN	E WA		9202 Zip)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			e I - No			_			1	Dis				ly Owned					
1. Title of Security (Instr. 3) 2. Trans Date (Month)						ection 2A. Deen Execution (Month/D		n Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			Benefic Owned	es ally Following	Form: Direct		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	ion(s)			instr. 4)	
Common S	Stock-Perfo	/2020			M		2,100	2,100 A		14	14,850		D						
Common S	/2020		F		676 ⁽²⁾ D S		\$49.4	19 14	14,174		D								
		Ta	able II -								osed of, onvertil			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deer Executio if any (Month/E	n Date,	4. Transaction Code (Instr 8)		on of		6. Date Exercis Expiration Date (Month/Day/Yea		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	ve es ially ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Conversion of 2017 Performance Shares Related to	(1)	02/27/2020			M			1,388	(1)		(1)	Common Stock	1,388	(1)	0		D		

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 2. Shares with held to pay income tax on Performance Shares acquired 2/27/20.

/s/ Ryan L. Krasselt 02/28/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.