SEC Form 4	
------------	--

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check to Sec	TEMENT OF CHANGES IN BENEFICIAL OWNERSHIP											OMB Number: 3235-0287 Estimated average burden						
	ions may conti tion 1(b).	nue. <i>See</i>	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940															
1. Name and Address of Reporting Person [*] MORRIS SCOTT L						2. Issuer Name and Ticker or Trading Symbol <u>AVISTA CORP</u> [AVA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title V Other (specify				
(Last) 1411 E N	(Fi //ISSION A	,	Middle)			ate of E 01/202		saction	(Mont	h/Day/Year)		below	v) Ü	X Other below of the Board				
(Street) SPOKA	NE W.	A 9	99202		4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(City)	(St	ate) (Zip)									Form filed by More than One Reporting Person						
		Table	e I - No	on-Deriva	tive	Secur	ities Ac	quirec	d, Di	sposed of	, or Be	enefici	ally Own	ed				
1. Title of Security (Instr. 3) Date (Month/Day						Execution Da		n Date, Transacti Code (Ins					6 Benefi	ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Transa	ction(s) 3 and 4)		(1150.4)		
Common Stock 09/01/20						22		A ⁽¹⁾		123(2)	A	\$40.6	3 ⁽¹⁾ 13	0,521	D			
		Та	ble II							oosed of, convertib				d				
1. Title of Derivative				4. Trans	action	5. Number of	6. Date Exercisable and Expiration Date 7. Title and Amount of					8. Price of Derivative	9. Number derivative	of 10. Ownershi	11. Nature of Indirect			

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr.) 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Shares issued as an award of stock for Director Compensation. The price per share is the closing price on August 31, 2022.

2. Shares issued as part of the Directors annual retainer.

/s/Scott L. Morris

** Signature of Reporting Person Date

09/02/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.