FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPE	ROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Hesler Gregory Curtis</u>						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									eck all appli Directo	cable) or	g Person(s) to Issu 10% Ow		vner
(Last) 1411 E. M	(Firs	,	liddle)		3. Date of Earliest Transaction (Month/Day/Year) 02/27/2020										below)		Other (specify below) resident		
Street) SPOKANE WA 99202					4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(Sta	te) (Z	ip)												Persoi	1			
1 Title of Se	curity (Instr		e I - Noi	1-Deriv		_	uritie		quired,	Dis	posed o				5. Amou		6. Ov	vnership	7. Nature
Date					Day/Year	Ex fifa	Execution Date, if any (Month/Day/Year)		Transa Code		Disposed Of (D) (Instr. 3,				Securiti Benefic Owned	es ally Following	Form: Direct (D) or Indirect (I) (Instr. 4)	n: Direct r Indirect istr. 4)	of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)		Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock-Performance Shares 02/					/2020		M		308		A	(1)	1,	,896		D			
Common S	tock-Perfo	mance Shares		02/27	/2020				F		132(2))	D	\$49.4	9 1,	1,764 D			
		Та									osed of, onvertil				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	Code (Ir		of Deriv	r osed) r. 3, 4	Expiration	6. Date Exercisable ar Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4		Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e C s F ully C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A) (D		Date Exercisa		Expiration Date	Title		Amount or Number of Shares					
Conversion of 2017 Performance Shares Related to	(1)	02/27/2020			М			220	(1)		(1)	Comr		220	(1)	0		D	

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired 2/27/20.

/s/Gregory C. Hesler 02/28/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.