FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHAI	NGES IN B	ENEFICIAL	_ OWNERSHIP

OMB APPRO	JVAL					
OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Philipps Jeffry L.						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								5. Rela (Check		Suer Owner		
(Last) (First) (Middle) 1411 E. MISSION AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 12/11/2019									Office	er (give title w)	Oth bel	er (specify w)	
(Street) SPOKAN (City)			09202 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/						ay/Year)		6. Indiv Line) X	Form	n filed by One n filed by Mor	Filing (Chece Reporting Peethan One F	erson
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 and 1)		and 5) Securit Benefic Owned		ties cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership					
									Code	v	Amount	(A) o	r Pric	е	Transa	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock 12/11			12/11/	2019	019		A ⁽¹⁾		317(2)	A	\$4	7.21(1)		317	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution Date, if any (Month/Day/Year)		4. Transa Code (8)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Number of Title Shares		Deri Secu (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)				

Explanation of Responses:

- 1. Shares issued as an award of stock for Director Compensation. The price per share is the closing price on December 10, 2019.
- 2. Shares issued as part the Directors annual retainer.

/s/Jeffry L. Philipps 12/12/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.