Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Schlect Edward David						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									all applic Directo	r		10% Ov	vner	
(Last) (First) (Middle) 1411 E. MISSION AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 01/05/2022									X Officer (give title Other (specify below) Vice President					
(Street) SPOKANE WA 99202 (City) (State) (Zip)					4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								Indivi ne) X	′					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Exe	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			nd 5) Securitie Beneficia		es For ally (D) Following (I) (: Direct I r Indirect I str. 4) (7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	- 1	Transact (Instr. 3 a	tion(s)		[(Instr. 4)	
Common Stock - Performance Shares 01/05/						2022			М		1,904	1,904 A			13,118			D		
Common Stock - Performance Shares 01/05/						2022			F		570 ⁽²⁾ D		\$42	.62	12,548			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	Code (In		ion of		6. Date E Expiratio (Month/D	n Dat		and 7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amour or Number of Shares	er						
Conversion of 2019 Performance Shares	(1)	01/05/2022			M			2,505	(1)		(1)	Common Stock	2,50	5	(1)	0		D		

Explanation of Responses:

- 1. No conversion price. Shares awarded if performance measure is met.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/5/22.

/s/Edward D. Schlect

01/07/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.