FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average b	ourden							
hours nor roomanas:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Thackston Jason R				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [ AVA ]									eck all applic Directo	ationship of Reporting ( all applicable) Director		10% Ow	/ner	
(Last) 1411 E M	(Fir:	,	Middle)		3. Date of Earliest Transac 02/04/2021					onth/[	Day/Year)			X Officer below)	Officer (give title below)  Sr. Vice President			респу
(Street) SPOKAN (City)	E WA		09202 Zip)		4. lf	Ame	endment,	Date of	Original	Filed	(Month/Day	/Year)	6. I Lin	X Form f	iled by One	e Repo	(Check Apporting Persor	1
		Tab	le I - No	n-Deri	vative	e Se	curitie	s Aca	uired.	Dis	posed of	or Ber	neficial	y Owned				
1. Title of Security (Instr. 3)			2. Trans	2. Transaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		d (A) or	5. Amour Securitie Beneficia Owned F	s ally following	Form (D) o	: Direct   I r Indirect   I str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)		[	Instr. 4)	
Common Stock - Restricted Share Grant		02/0	4/2021	/2021			A		2,738(1)	) A	\$37.4	13 23,	23,843		D			
Common Stock-Performance Shares			02/0	4/2021	/2021			М		2,792	A	(2)	26,	26,635		D		
Common Stock-Performance Shares 02/0			02/0	4/2021	2021		F		901 <sup>(3)</sup> D \$3		\$37.4	13 25,	25,734		D			
		7									osed of,			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Inst 8)				6. Date Exerci Expiration Da (Month/Day/Yo		ite	7. Title ar Amount of Securities Underlyin Derivative (Instr. 3 a	of s ng e Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	ion(s)		
Performance Share Grant for 2021	(4)	02/04/2021			A		8,216		(5)		(5)	Common Stock	8,216	\$37.43	8,210	6	D	
Conversion of 2018 Performance Shares	(2)	02/04/2021			M			2,063	(2)		(2)	Common Stock	2,063	(2)	0		D	

## **Explanation of Responses:**

Related to CEPS

- 1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- 2. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 3. Shares withheld to pay income tax on Performance Shares acquired 2/4/21.
- 4. No conversion price. Shares awarded if performance measure is met.
- 5. Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

/s/ Jason R. Thackston 02/08/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.