FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Vermillion Dennis P						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									ationship of Reporting all applicable) Director		10% Own		wner	
(Last) (First) (Middle) 1411 E MISSION AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 02/27/2020										Officer (give title below) President &		Other (specify below)		
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Decide)					action	2A. Exe	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securi			of, or Beneficiall ties Acquired (A) or d Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) o	r Pric	e	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock-Performance Shares 02/27/						2020					5,215	A	((1) 75,39		,394	D			
Common Stock-Performance Shares 02/27/					/2020	2020			F		3,385	2) D	\$4	9.49	72,009		D			
Estimated Shares Held in 401(k) Plan															97.6397		I ·		Held in 401(K) Plan	
		Ta	able II -								osed of, convertil				owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/E	n Date,	4. Transa Code (8)		ion of		6. Date E Expiratio (Month/I	on Da		Amount Securitie Underlyi Derivativ	7. Title and Amount of Securities Junderlying Derivative Security (Instr. 3 and 4)		3. Price of Derivative Security Instr. 5)	9. Numbe derivative Securitie: Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	er						
Conversion of 2017 Performance Shares Related to CEPS	(1)	02/27/2020			M			4,300	(1)		(1)	Commor Stock	4,30	00	(1)	0		D		

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired 2/27/20.

/s/ Dennis P. Vermillion 02/28/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.