FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

OMB Number: 3235-0104
Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Vermillion Dennis P			Date of Event equiring Stater Month/Day/Year 7/02/2007	ment	3. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]					
(Last) (First) (Middle) 1411 E MISSION AVENUE					Relationship of Reporting Perso (Check all applicable) Director	on(s) to Issue	(Mo	5. If Amendment, Date of Original Filed (Month/Day/Year)		
				X Officer (give title below)	Other (specify below)		6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street)					Vice Preside	ent		X Form filed by One Reporting Person		
SPOKANE	SPOKANE WA 99202							Form filed by More than One Reporting Person		
(City)	(State)	(Zip)								
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)					. Amount of Securities eneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect ((Instr. 5)	n: Direct (D) (Instr. 5) direct (I)			
Common Stock - Restricted Shares ⁽¹⁾					800	D				
Common Stock (401(k) Investment Plan Shares					6,669	I	I by Trustee			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securi Underlying Derivative Securi		4. Conversion or Exercise	Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)			
2007 Performa	ance Share Grar	nt	(2)	(2)	Common Stock	3,000	(3)	D		
Employee Stock Option		(4)	11/12/2008	Common Stock	3,075	18.63	D			
Employee Stock Option		(5)	11/11/2009	Common Stock	4,400	17.31	D			

Explanation of Responses:

- 1. Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common Stock at the end of each year in the three-year period.
- 2. Each performance cycle is three years in length. Shares are issued at the end of each three-year cycle if performance measure is met.
- 3. No conversion price shares awarded if performance measure is met.
- $4.\ Option\ was\ granted\ on\ 11/12/1998\ and\ vested\ in\ four\ equal\ annual\ installments\ beginning\ on\ the\ first\ anniversary\ of\ the\ grant\ date.$
- $5.\ Option\ was\ granted\ on\ 11/11/1999\ and\ vested\ in\ four\ equal\ annual\ installments\ beginning\ on\ the\ first\ anniversary\ of\ the\ grant\ date.$

/s/ Dennis P. Vermillion 07/10/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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