FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	STATEMENT C
Section 16. Form 4 or Form 5	
obligations may continue. See	

OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

Name and Address of Reporting Person* Vermillion Dennis P					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										k all applic Directo	able) r	g Pers	10% Ow	/ner
(Last) 1411 E MI	(Firs	,		3. Date of Earliest Transaction (Month/Day/Year) 01/10/2012									X	Officer (give title below) Vice Presi		resid	Other (specify below)		
(Street) SPOKANI (City)	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person								
			(ip) ======= e I - No	n-Deriv	ative	Sec	uritie	es Aco	uired.	Dis	posed o	f. or Be	nefic	ially	Owned				
1. Title of Security (Instr. 3)			2. Transa Date	2. Transaction Date		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			or -	5. Amou Securitie Benefici Owned F	nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) o (D)	r Pric	ce	Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)			
Common Stock Performance Shares 01/1					/2012				М		6,300	A		(1)	18,907			D	
Common S	Stock Perfor	mance Shares		01/10	/2012				F		1,678(2	2) D	\$2	25.22	2 17,229 D				
Common S Plan	Stock held in	1 401(k) Investm	ient												8,4	8,426 ⁽³⁾ I held by Truste			
		Ta	able II -								osed of, onvertib				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,		Transaction Code (Instr.		n of		Exercison Date Day/Ye		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		1 2	. Price of erivative ecurity nstr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					
Conversion of 2009 Performance	(1)	01/10/2012			M			7,000	(1)		(1)	Common	7,0	00	(1)	0		D	

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/10/2012.
- 3. Estimate as of December 31, 2011

01/12/2012 /s/ Dennis P Vermillion

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.