FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APP	ROVAL
ΙĒ	OMB Number	3235-028

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person* <u>TAYLOR R JOHN</u>					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 05/05/2008											Office below	er (give title v)	Oth belo	er (specify w)	
(Street) SPOKAN (City)			99202 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	le I - No	n-Deriv	ative	Seci	uritie	s Ac	quired	l, Dis	sposed o	f, or	r Ben	efici	ally (Owne	ed			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a				and 5) Sec Ben Owi		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership			
					Code V		Amount (A) or (D)		Price	Tra		ted action(s) 3 and 4)		(Instr. 4)						
Common Stock				05/05/2008				A ⁽¹⁾		3,757(2)		A	\$20.	76 ⁽¹⁾	25,770		D			
Common Stock held in deferral account																5,496		I	by Trustee	
Common Stock held in Profit Sharing Plan & Trust															4,000		4,000	I	by Trustee	
Shares held by Child, J. Clay Taylor																526	I	by Child		
Shares held by Child, Jordan E. Taylor												526		I	by Child					
		Та	able II -								osed of, convertib					vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	on Date,		ransaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati (Month/	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		nstr. 3			titve derivative Securities 5) Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)				
(Instr. 3)	Derivative		(Month/I			v	Acquired (A) or Disposed of (D) (Instr. 3, 4		Date Exercis	able	Expiration Date	Derivative Security (Ins and 4)		nount mber	(Inst	str. 5)	Owned Following Reported Transaction	or Indirec	t (Ir	

Explanation of Responses:

- 1. Shares issued under the Long-Term Incentive Plan as an award of stock for director compensation. The price per share (per the LTIP) is the closing price on May 1, 2008.
- 2. Shares issued for Mr. Taylor's director retainer.

/s/ R. John Taylor 05/07/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.