FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response.	0.5									

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* KENSOK JAMES M						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1411 E MISSION AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 02/19/2024									X Officer (give title Other (specify below) Vice President - Retired					
THE MISSION AVENUE					4. If /	Amen	dment	, Date of	Original	Filed	(Month/Da	6. In	6. Individual or Joint/Group Filing (Check Applicable						
(Street) SPOKANE WA 99202													X Form filed by One Reporting Person						
											Form filed by More than One Reporting Person								
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication														
					 _														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	es Acc	uired,	Dis	posed o	f, or Ber	neficiall	y Owned					
Date				2. Transa Date (Month/D	Execution lay/Year) if any			cution Date,				es Acquire Of (D) (Inst				Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock - Performance Shares (CEPS) 02/1					/2024				М		938	A	(1)	14,	,414		D		
Common Stock - Performance Shares (CEPS) 02/19/					7/2024				F		279(2)	D	\$33.5	7 14,	135		D		
		Ta									osed of, onvertib			Owned				·	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/E	n Date,	Code (Ins		ion of		6. Date Exercis Expiration Date (Month/Day/Ye		е	7. Title and Amount of Securities Underlying Derivative (Instr. 3 ar	f G Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Conversion of 2021 Performance Shares (CEPS)	(1)	02/19/2024			M			1,769	(1)		(1)	Common Stock	1,769	(1)	0		D		

Explanation of Responses:

- 1. No conversion price. Shares awarded if performance measure is met.
- 2. Shares withheld to pay income tax on Performance Shares acquired 2/19/24.

/s/James M. Kensok

02/21/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.