FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BURMEISTER SMITH CHRISTY M					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										(Check	all app	olicable) ctor		Person(s) to Issued 10% Owne Other (spe	
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 01/02/2013										X	belov	,	below) resident		
(Street) SPOKANE WA 99202 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applications) X Form filed by One Reporting Person Form filed by More than One Reporting Person												on			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Exe if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Secu Bene Own		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount		(A) or (D)	Pric	e		action(s) 3 and 4)			(Instr. 4)
Common Stock - 2010 Restricted Share Award 01/0					/2013	2013		F		142(1)		D	\$24.57		25,205		D			
Common Stock - 2011 Resticted Share Award 01/02/					2013				F		142(2)		D	\$24.57		25,063		D		
Common Stock - 2012 Resticted Share Award 01/02					′2013				F		142 ⁽³⁾		D	\$24.57		24,921		D		
Common Stock - 401(k)																8,650		I		by Trustee
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, 1	4. Transactic Code (Inst 8)		n of l		6. Date E. Expiratio (Month/D	n Date	,	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri Sec (Inst	rice of ivative curity ctr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code V	,	(A)		Date Exercisal		Expiration Date	Title	or Nur of	nber						

Explanation of Responses:

- 1. Shares sold to pay income taxes on final 1/3 of 2010 restricted shares that vested on 01/02/2013
- 2. Shares sold to pay income taxes on second 1/3 of 2011 restricted shares that vested on 01/02/2013
- 3. Shares sold to pay income taxes on first 1/3 of 2012 restricted shares that vested on 01/02/2013

/s/ Christy Burmeister-Smith 01/04/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.