| SEC Form 4 | |
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| OMB Number: 3235-0287 | | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|--|
| Estimated average burden | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Add Hill Latisha | ress of Reporting | Person* | 2. Issuer Name and Ticker or Trading Symbol <u>AVISTA CORP</u> [AVA] | | tionship of Reporting Pe all applicable) Director | rson(s) to Issuer 10% Owner | |
|---------------------------------|------------------------------------|---------|---|------------------------|---|----------------------------------|--|
| (Last) 1411 E. MISS | (First) (Middle) MISSION AVENUE | | 3. Date of Earliest Transaction (Month/Day/Year) 01/05/2022 | - x | Officer (give title below) Vice Presi | Other (specify below) dent | |
| (Street) SPOKANE WA 99202 | | 99202 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | 6. Indiv Line) X | vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting | | |
| (City) | (State) | (Zip) | rivative Securities Acquired, Disposed of, or Bene | ficially | Person | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transa Code (8) | | | | | 5. Amount of Securities Beneficially Owned Following Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|-----------------------------------|--|---|------------------------------|---|--------------------|---------------|---------|---|---|---|
| | | | Code | v | Amount | (A) or (D) | Price | Transaction(s) (Instr. 3 and 4) | | (insu. 4) |
| Common Stock - Performance Shares | 01/05/2022 | | М | | 666 | A | (1) | 3,980 | D | |
| Common Stock - Performance Shares | 01/05/2022 | | F | | 200 ⁽²⁾ | D | \$42.62 | 3,780 | D | |
| Estimated Shares held in 401(k) | | | | | | | | 452 | Ι | Shares Held in 401(k) Plan |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| | (0.3., pare, one, opare, | | | | | | | | | | | | | | |
|---|---|--|---|------------------------------|---|--|--|--|--------------------|--|--|---|--|--|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transa Code (8) | | 5. Nu of Deriv Secu Acqu (A) of Dispo of (D) (Instr and 5 | ative rities ired r osed . 3, 4 | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |
| Conversion of 2019 Performance Shares | (1) | 01/05/2022 | | М | | | 876 | (1) | (1) | Common Stock | 876 | (1) | 0 | D | |

Explanation of Responses:

1. No conversion price. Shares awarded if performance measure is met.

2. Shares withheld to pay income tax on Performance Shares acquired 1/5/22.

/s/Latisha D. Hill

01/07/2022 Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.