FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

A / I- ! 4	D 0	00540
Vashington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											
hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Christie (Last)	nd Address of e Kevin J (Fir	Susuer Name and Ticker or Trading Symbol AVISTA CORP [AVA] Date of Earliest Transaction (Month/Day/Year) 11/06/2020										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Sr. Vice President								
(Street) SPOKAN (City)	NE WA	A 9	9202 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 11/06/2020										dividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execut if any		Deemed cution Date, y nth/Day/Year)				Disposed C	Securities Acquired (A sposed Of (D) (Instr. 3,		4 and Secu Bene Owne		ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) o (D)	r Pr	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			11/06/2	2020	020			S		1,000	D	\$	33.83	11,208			D		
Estimated Shares Held in 401(k) Plan															4,245.427			I	Shares Held in 401(K) Plan	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)		of Deriv	r osed) r. 3, 4	6. Date Expirati (Month/	ion Da			nt of ties ying tive ty (Ins	Der Sed (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y C F O (I	0. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Title	Amou or Numb of Share	er						

Explanation of Responses:

/s/ Kevin J. Christie

11/06/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).