FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-028								

37 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person* NOEL MICHAEL L						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								Relationship of Reporting Person (Check all applicable) X Director) to Is:	
						3. Date of Earliest Transaction (Month/Day/Year) 08/16/2007								Officer (give title below)			Other (specify below)		
(Street) SPOKAN (City)			09202 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			2. Transaction Date (Month/Day/	Executi Year) if any		ition Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock held	in Spouse's IRA		08/16/20	07	7			P		100	Α	\$19.37	100		I		by Trustee	
Common Stock held in Spouse's IRA 08/16/20			07	7			P	П	130	A	\$19.42	230		I		by Trustee			
Common Stock														9,840		I		by Corporation ⁽¹⁾	
		Та	ble II								posed of, convertib			ly Owned)					
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise (Month/Day/Year) Execution Date, if any					ansaction of Deriva Securi (A) or Disposof (D) (Instr. and 5)		ative rities ired sed	Expi	ate Exe iration I nth/Day		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Owner Form: Direct or Indi (I) (Insi	ship (D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exer	e rcisable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

 $1.\ Shares\ held\ by\ Noel Consulting\ Company,\ Inc.$

/s/ Michael L. Noel

08/16/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.