FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasinington,	D.C. 20049	

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		Reporting Person* ther Lynn			AV	ISTA	CC	<u>PRP</u>	eaction (N]					all app Direct	licable) tor er (give title	ng Pei	rson(s) to Is 10% Over (s	wner	
(Last)	(Fir MISSION A	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2024									below	Presider	nt & (below)		
					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) SPOKA	NE WA	A 9	9202											X		filed by Mo		oorting Person		
(City)	(Sta	ate) (Ž	Zip)		Rul	le 10)b5-	1(c)	Tran	sac	tion Indi	catio	n l							
											saction was mons of Rule 10					uction or writt	ten pla	in that is inte	nded to	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or Be	enefic	ially	Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,		Date,	3. Transaction Code (Instr. 8) 4. Securities Acc Disposed Of (D) 5)					and	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)	Price	Transa		ction(s) 3 and 4)	on(s)		(111511. 4)	
Common Stock 01/02/					2024			F		908(1)	D	\$36	.05 23		3,024		D			
Common Stock in Spouse's Plan														695			I	Shares Held by Spouse		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security 1. Title of Conversion or Exercise Price of Derivative Security 1. Title of Conversion or Exercise (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 4. Month/Day/Year)				ion Date,	4. Transaction Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)					у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date		Amount or Number of Shares							

Explanation of Responses:

1. Shares sold to pay income tax on final 1/3 of 2021, second 1/3 of 2022 and first 1/3 of 2023 restricted shares that vested on January 2, 2024.

/s/Heather L. Rosentrater

01/04/2024

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.