FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				iipaiiy Act	01 10								
1. Name and Address of Reporting Person*  Rosentrater Heather Lynn						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [ AVA ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
,														_	X	Office	er (give title	Other	(specify	
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 01/04/2016									21	belov	w) below)  Vice President		/)	
1411 E. MISSION AVENUE						01/01/2010											vice i	resident		
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										vidual o	or Joint/Group Filing (Check Applicable			
SPOKAN	NE W	A 9	99202												ine) X	Form	filed by One	Reporting Per	son	
																Form filed by More than One Reporting Person				
(City)	(St	ate) (	Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Da				2. Transaction Date (Month/Day/Year)		r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)							5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		(A) or (D)	Price	•	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock - 2013, 2014 and 2015 Restricted Stock Award				01/04	1/04/2016				F		157(1)		D	\$35	5.05	2,347		D		
Common Stock held in 401(k) Plan																77	9.1141	I	held by Trustee	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any			Date,	4. Transaction Code (Instr. 8)		n of i		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deri Seci	Price of ivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)			Expiration Date	Title	or Nu of	ount mber ares						

## **Explanation of Responses:**

1. Shares sold to pay income tax on final 1/3 of 2013, second 1/3 of 2014 and first 1/3 of 2015 restricted shares that vested on January 4, 2016.

/s/ Heather L. Rosentrater 01/05/2016

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$ 

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.