FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, B.C. 20040

OMB APPROVAL

OMB Number: 3235-0287

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Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MALQUIST MALYN K							2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									elationship o ck all applic Director	able)	g Perso	10% Ow	ner
(Last) (First) (Middle) 1411 E MISSION AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 02/15/2008									7	below)	(give title xecutive	VP &	Other (s below)	респу
(Street) SPOKANE WA 99202					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)															<u> </u>					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Trans. Date (Month/I						action	ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			or 5. Amount of Securities Beneficially Owned Follo		Form:	Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership
										Code	v	Amount		(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)			Instr. 4)
Common Stock - Restricted Shares 02/1						5/2008				A		4,300		A	(1)	40,	003		D	
Common Stock held in Executive Deferral Account																9,711				ру Frustee
Common Stock held in 401(k) Investment Plan															2,771				ру Frustee	
Common Stock held in Family Trust ⁽²⁾																9,500				ру Frustee
			Ta									sed of, onvertib				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security	n Date e (Month/	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr 8)			6. Date E Expiratio (Month/D	n Dat		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		s Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e O' s Fo lly Di or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Cod	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares					
Performance	(3)	02/1	5/2008			Α		15,400		(4)		(4)	Com	nmon	15,400	\$21.54	15,40	0	D	

Explanation of Responses:

- 1. Restricted shares vest one-third each year over a three-year period and are payable in Avista Corp. Common stock at the end of each year in the three-year period.
- $2.\ Shares\ held\ in\ The\ Malquist\ Family\ Trust,\ dated\ February\ 5,\ 1999,\ with\ Malyn\ K.\ Malquist\ and\ Georgia\ G.\ Malquist,\ Trustees$
- 3. No conversion price. Shares awarded if performance measure is met.
- 4. Each performance cycle is three years in length. Shares will be issued at the end of each three-year cycle if performance measure is met.

/s/ Malyn K. Malquist

02/19/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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