FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours par raspansa:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WOODWORTH ROGER D				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
															X	Offic	er (give title	Other	(specify	
(Last) (First) (Middle) 1411 E MISSION AVE					3. Date of Earliest Transaction (Month/Day/Year) 01/04/2016									71	belov	below) below) Vice President				
(Street)					4. If Ar	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)				
SPOKAN	NE W	A 9	99202												X	Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(St	ate) (Zip)												Person					
		Tabl	e I - Noi	า-Deriva	ative S	ecu	rities A	Acq	uired,	Disp	osed o	f, o	r Ben	efic	ially	Owne	ed			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Securi Benefi Owned		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
	Stock - 201 I Stock Awa	3, 2014 and 201 ards	5	01/04/	2016				F		466(1)	'	D	\$3	5.05	29,0)58.3809	D		
Common	Stock held	in 401(k) Plan														7,5	36.8528	I	held by Trustee	
Common Stock held in IRA																400	I	held by Trustee		
Common Stock held in IRA for Theresa Woodworth																1,000	I	held by Spouse		
Common Stock held by Patrick Woodworth																159.3446		I	held by Son	
Common Stock held in Executive Deferral Plan															1,936.5427		I	held by Trustee		
		Та	ıble II - I								sed of, onvertib					vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	ay/Year)	Transacti Code (Ins	ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			o. Date E. Expiration Month/Di Date	n Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount of Amount of Security (Instr. and 4)		ount	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

1. Shares sold to pay income tax on final 1/3 of 2013, second 1/3 of 2014 and first 1/3 of 2015 restricted shares that vested on January 4, 2016.

/s/Roger D. Woodworth 01/06/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.