FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burde	en								
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>KENSOK JAMES M</u>						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									plica ector			10% Ow	ner	
(Last) 1411 E MI	(Firs	,		ate of E 18/201		st Transa	action (M	onth/I	Day/Year)			Officer (give title below) Vice President				pecify				
(Street) SPOKANE WA 99202 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			e I - No			_			1	Dis	posed o					. 1		1		
1. Title of Security (Instr. 3) 2. Trans Date (Month/					Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			4 and 5) Securitie Beneficia Owned F		es For ally (D) Following (I) (: Direct I r Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Repo Trans (Inst	sactio			[Instr. 4)	
Common S	tock - Perfo	tock - Performance Shares 01/08/2016 M 6,630 A (1) 16,035 D								D										
Common S	tock - Perfo	ormance Shares		01/08	/2016				F		1,897(2	2) D	\$35.	11	14,1	138				
		Ta									osed of, convertib			Owne	d					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	Code (In				6. Date E Expiratio (Month/E	on Dat			f g Security	8. Price Derivati Security (Instr. 5	ve /	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A) (D)		Date Exercisa		Expiration Date	Title	Amount or Number of Shares							
Conversion of 2013 Performance Shares	(1)	01/08/2016			М			5,100	(1)	\top	(1)	Common Stock	5,100	(1)		0		D		

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/08/2016.

<u>/s/James M. Kensok</u> <u>01/11/2016</u>

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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