FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Vermillion Dennis P					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
vermini	on Dennis	<u>5 P</u>			1				-						Directo	r		10% Ov	/ner	
(Last)	(First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 01/08/2016								X Officer (give below)			ve title Other (s below) ior Vice President		
1411 E MISSION AVENUE																				
(Street) SPOKANE WA 99202					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(City)	(Sta	te) (Z	Ľip)											Form filed by More than One Reporting Person						
		Tabl	e I - Non	n-Deriv	ative	Sec	uriti	es Acq	uired,	Dis	posed of	, or Bei	neficial	ly Ov	ned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		r) E:	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			4 and 5) Securitie Beneficia Owned F		es For ally (D) Following (I)		: Direct 	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Tr	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common S	01/08/2016					M		16,250	A	(1)	(1)		53,094		D					
Common Stock - Performance Shares					08/2016				F		4,427(2) D	\$35.	11	48,667		D			
Common S	mmon Stock held in 401(k) Plan													9,982.5497		D				
		Т									osed of, onvertib			Own	ed					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, Transa Code (of		6. Date Exercis Expiration Dat (Month/Day/Ye		e	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)				9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e (es li	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amount or Number of Shares	1						
Conversion of 2013 Performance	(1)	01/08/2016			M			12,500	(1)		(1)	Common Stock	12,500		1)	0		D		

Explanation of Responses:

- 1. Each performance share represents a contingent right to receive a share of Avista Common Stock upon achieving a specified performance measure.
- 2. Shares withheld to pay income tax on Performance Shares acquired 1/08/2016.

/s/Dennis P. Vermillion 01/12/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.